

# MATCH

Modular Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct problems (MATCH-ADTC)

## What is MATCH?

Designed as a

- structured,
- consistent,
- family-focused,
- strength-based,
- flexible decision-making process using common elements

## Key Take Aways

- **Evidence-Based Practice**
- Serves children ages **6 – 17**
- Can address **70%** of presenting problems at CMHCs
- Has 33 modules
- Is derived from other well-established evidence-based practices
- Detailed decision-making “flowcharts”

## What's happening with MATCH in NH?

- The State of NH contracted the Judge Baker Children's Center (JBCC) to provide training and consultation to **all the Community Mental Health Centers (CMHC)** [5 day training, 34 hrs consultation]
- All CMHCs now have a trainer and several clinicians trained. They will continue training internally
- JBCC offered a training to private practitioners in February 2019
- The State will continue to support the use of an online tracking system for monitoring child and family progress

## INFORMATION COMPILED BY:

NH NASW Children's Issues Committee, based on a presentation by Dr. Rachel Kim from Judge Baker Children's Center, to the committee on December 12, 2018

<https://www.naswnh.org/>