MATCH
Modular Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct problems (MATCH-ADTC)

What is MATCH?
Designed as a
• structured,
• consistent,
• family-focused,
• strength-based,
• flexible decision-making process using common elements

Key Take Aways
• Evidence-Based Practice
• Serves children ages 6 – 17
• Can address 70% of presenting problems at CMHCs
• Has 33 modules
• Is derived from other well-established evidence-based practices
• Detailed decision-making “flowcharts”

What's happening with MATCH in NH?
• The State of NH contracted the Judge Baker Children’s Center (JBCC) to provide training and consultation to all the Community Mental Health Centers (CMHC) [5 day training, 34 hrs consultation]
• All CMHCs now have a trainer and several clinicians trained. They will continue training internally
• JBCC offered a training to private practitioners in February 2019
• The State will continue to support the use of an online tracking system for monitoring child and family progress

INFORMATION COMPiled BY:
NH NASW Children’s Issues Committee, based on a presentation by Dr. Rachel Kim from Judge Baker Children's Center, to the committee on December 12, 2018

https://www.naswnh.org/